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Contact: *Bea Dozier-Taylor*
Coordinator
(203) 927-1881
bea.dozier-taylor@snet.net

www.nhtellallthechildrenourstory.org

***What a Year for Black History!
The New Haven Black History Coalition Holds its 6th Annual
“Tell All the Children Our Story” Celebration
of Black History and Culture***

New Haven (February 19, 2009) - This incredible year of celebrating Black history and achievement—the centenary of the National Association for the Advancement of Colored People (NAACP) and America’s election of its first African American president—continues on February 28th with the 6th Annual Tell All the Children Our Story, a premier celebration of Black history and culture sponsored by The New Haven Black History Coalition. This free, all day celebration of lectures, exhibits, public forums, cultural cuisine, performance and crafts takes place on Saturday, February 28th from 11am to 6pm at Gateway Community College, Long Wharf campus, 60 Sargent Drive, New Haven.

Special Appearances

This year’s celebration will feature a special appearance by nationally renowned entrepreneur, Wiley Mullins, founder of Uncle Wiley’s Healthy Seasonings and Spices. Based in Fairfield County (CT), Mr. Mullins promotes health and fitness through his trademark flavorful recipes and seasonings such as “Salad Jazz” and “Sweet Potato and Yam Spice.” Mr. Mullins’ business and cuisine has been featured on the Food Network and in Newsweek, Smart Money, Cooking Light, and Southern Living.

For “Tell All the Children Our Story,” Uncle Wiley will share wonderful recipes from his recently released book, **Salad Makes the Meal: 150 Simple and Inspired Salad Recipes Everyone Will Love** (Rodale Books, 2008). His presentation will bring the 2009 national celebration of the “Year of the Salad” to New Haven. Even more exciting news is that plenty of Uncle Wiley’s tasty creative dishes will be available for a delicious sampling! The Hospitality & Culinary Department students at Gateway Community College will assist Uncle Wiley in the food preparation.

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*In addition, "Tell All the Children Our Story" is pleased to announce an appearance by **Mubarakah Ibrahim**, owner and head trainer of **Balance Fitness Studio for Women**. Recognized by *New Haven Advocate* readers as the best in personal training and fitness education, **Balance Fitness Studio** promotes "whole fitness," a physical, mental and spiritual approach to well being—and **Mubarakah** is no soft touch. Ask anyone who has completed her **Boot Camp** series, this trainer means business! **Mubarakah Ibrahim** has appeared on *Oprah* and been featured in the *Hartford Courant* and on local ABC affiliate, WTNH Channel 8.*

***James Rawlings**, president of the Greater New Haven Branch NAACP, will be the program's guest speaker at 11a.m. Mr. Rawlings will discuss ways to affect real change in the African American community by combining resources and identifying short and long term goals. On this "Tell All The Children Our Story" Saturday," Mr. Rawlings says, "please come prepared to place your ideas in a 90, 120 or 360 day bucket," and be willing to work to bring about change.*

*A special addition to this year's events includes a **book discussion**. Facilitator **Clifton Graves** will lead readers through an insightful discussion of **The Mis-Education of the Negro** by **Carter G. Woodson**. Other workshops include **Life Champions: Breaking the Shackles of Debt** with **Ronita Fisher and Ronald Hammond**, a must attend workshop for everyone concerned about securing their future in our trying financial climate. Health educator **Deatrice Nappier** will present **Know the Truth About Sex**, a dynamic and informative workshop advocating sexual health, responsibility and awareness. Teens will want to be present for a special appearance by **Shenell Edmunds**, an actress featured on upcoming episodes of the ABC soap opera *One Life to Live*.*

Exhibit

*A special exhibit, **Icons: The Global Reach of African America**, reflects the far reaching influence of the African American experience by highlighting Black achievers whose lives have become universal symbols of determination and triumph. Visitors to this exhibit will see icons such as Muhammad Ali, Barack Obama and Martin Luther King join with an engaging narrative to tell the stories that transcends time and place.*

Cultural Arts and Crafts

*The entire family can participate in educational arts and crafts workshops lead by **Porsche Edmunds (Drawing and Jewelry)**, **Elaine Peters (Doll Making)**, and **Susan Monroe (Bookmaking)**. Each workshop gives participants, young and old, a chance to create colorful and meaningful handmade objects that reflect the innovative spirit and beauty found in art throughout the African Diaspora.*

*A one of a kind performance of African dance by **Mariyama Shari Caldwell Dance Center** from 4:30pm to 6:00pm will bring cap off the day's activities.*

All are welcome to come and participate this free presentation of history and culture taking place all around us!

Sponsors: 2009 SPONSORS

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